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**Getting vaccine while fasting/empty stomach?**

People can take the shot on an empty stomach and the vaccine will not break their fast. The advice and guidance I’ve heard from faith leaders and Muslim health professional is similar to other guidance: you may feel side effects (especially after the second dose), hydrate and consider other [helpful tips](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html). You can also see this statement from the [Islamic Society of North America](https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fisna.net%2fwp-content%2fuploads%2f2020%2f04%2fPress-Release-NMTF-Ramadan-Statement-4.6.2021.pdf&c=E,1,Yz0yOhVgBI2nv_LfH-TBeFNay7fZUiO3KAva9PE31R3v_LImav5Hgck1IN3c_dCpyHrIGtH6v6EcYmICC28sf3NkK8oTX4qnRfG2eqjURB9PnVPpeUkB&typo=1) and this local panel discussion from the [Muslim Community & Neighborhood Association](https://linkprotect.cudasvc.com/url?a=http%3a%2f%2fmuslimcna.org%2fcovid19%2f&c=E,1,DyerGzPS7jgadGarRp8xJs6csRdVDT1v1Dyn-F0ENor9MchvVH_cdWXZ5bB9H3pyOyYOUQZo_uY6_B29AUEIAiBgQSRk58Lxhs1916fKiWrwXEZnXm8aqg,,&typo=1) (MCNA).

**Clinic hours**

Making sure clinics have varied hours is something we’ve been hearing from community partners for several months now and for all the reasons you’ve cited. Of course, every clinic is different yet there are clinics with appointments after 5pm yet this is something we hope there are more options for. For Ramadan, the MCNA has been doing pop-up clinics, for example. Depending on where folks are at, there are different ways to find and schedule vaccine appointments and find a time that works by phone (with language interpretation). In case you don’t have them handy for reference, King County has its resources [here](https://kingcounty.gov/depts/health/covid-19/vaccine/distribution.aspx).